

# FULL PLANT LIST

## Fruits & Vegetables

<b>Amaranth (vegetable type)</b>	<b>Cauliflower</b>	<b>Escarole</b>	Mesclun varieties	<b>Peas, all types</b>
<b>Arugula</b>	<b>Chard, all types</b>	Garbanzo beans	<b>Melons, all types</b>	<b>Peppers, all types</b>
Bayam	Chicory	Gourds, edible & ornamental	Misome	<b>Radicchio</b>
<b>Beans: Lima, bush, pole, shell, fava, green</b>	Cucumbers	<b>Kale</b>	Mizuna	<b>Sorrel</b>
<b>Broccoli</b>	<b>Cress</b>	Kinh Gioi	<b>Mustard Greens</b>	<b>Spinach</b>
<b>Broccoli Raab</b>	<b>Dandelion, Italian</b>	<b>Komatsuna</b>	Ngo Gai	<b>Squash, all types</b>
<b>Brussels Sprouts</b>	<b>Eggplant, European &amp; Asian</b>	Leeks	<b>Okra</b>	<b>Strawberries</b>
<b>Cabbage and Chinese cabbage</b>	Endive	<b>Lettuce, all types</b>	<b>Pak Choy</b>	<b>Tomatoes, all types</b>

## Herbs

Angelica	<b>Chives, Garlic Chives</b>	Flax	Mibura	Rue
Anise Hyssop	<b>Cilantro (Coriander) and Culantro</b>	Goldenseal	Milk Thistle	<b>Sage</b>
<b>Basil, all types</b>	<b>Citrus Basil</b>	Hyssop	<b>Mint, all varieties</b>	Salad Burnet
<b>Bee Balm</b>	Cumin	<b>Lavender</b>	Nettle	Saltwort
Borage	<b>Cutting Celery</b>	Leaf Fennel	<b>Oregano</b>	Savory
<b>Calendula</b>	Dandelion	<b>Lemon Balm</b>	<b>Parsley (leafy types only)</b>	Shiso
Catmint	<b>Dill</b>	Lemon Grass	Passion Flower	<b>Stevia</b>
<b>Catnip</b>	Echinacea (Coneflower)	Lovage	Pleurisy Root	<b>Thyme</b>
Chamomile	Epazote	Marjoram	Pyrethrum	Valerian
Chervil	Feverfew	Mexican Mint Marigold	<b>Rosemary</b>	Wormwood

## Edible Flowers

<b>Calendula</b>	Hyacinth Bean	<b>Nasturtiums</b>	Scarlet Runner Bean
Carthamus	<b>Marigolds</b>	Pansies	<b>Sunflowers (dwarf only)</b>
Dianthus	<b>Monarda (Bee Balm)</b>	Salvia	Violas

- List from [www.towerfarms.com/us/en/resources/aeroponic-crops](http://www.towerfarms.com/us/en/resources/aeroponic-crops) (2019). Many ornamental flowers are also adaptable to the Tower Garden. We don't recommend root crops (such as potatoes or onions), grapevines, bushes, or trees.
- Shaded boxes represent seedlings available seasonally from [www.AtlUrbanFarms.com](http://www.AtlUrbanFarms.com).